

ASHWAGANDHA XTRA

ADVANCED ADAPTOGEN FORMULA

Description

Ashwagandha Xtra features a blend of key adaptogenic herbs including Ashwagandha, Panax ginseng, Siberian ginseng and Rhodiola for broad-spectrum and synergistic support. Traditionally used for hundreds of years these are some of the most prized herbs in ancient cultures for health and wellbeing. Ideal for supporting busy and demanding modern lifestyles.

Health Benefits and Product Features

- ✓ Features a blend of key adaptogenic herbs including Ashwagandha, Panax ginseng, Siberian ginseng and Rhodiola
- ✓ Provides broad-spectrum and synergistic support
- ✓ Standardise extracts to guarantee identity and levels of active phytonutrients
- ✓ Formulated to provide levels consistent with clinical research

Free From

All Pure Encapsulations® products are free-from: Wheat and gluten, Egg, Peanuts, Trans fats and hydrogenated oils, GMOs, Magnesium stearate, Titanium dioxide, Carrageenan, Coatings and shellacs, Artificial colors, flavors and sweeteners, Unnecessary binders, fillers and preservatives.



Vegetarian



Vegan



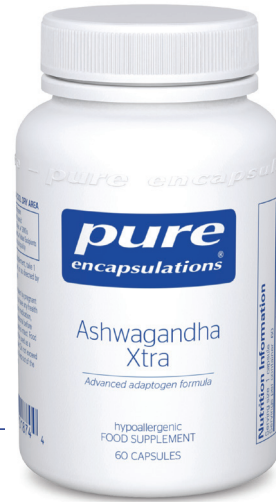
Gluten Free



Soy Free



Dairy Free



Nutritional Information

Serving size 1 capsule

	Amount per Serving
Ashwagandha (withania somnifera) root extract (standardised to contain 5% withanolides)	200 mg
Asian ginseng (Panax ginseng) root extract (standardised to contain 5% total ginsenosides)	200 mg
Siberian ginseng (eleutherococcus senticosus) root extract (standardised to contain 0.8% eleutherosides)	125 mg
Rhodiola (rhodiola rosea) root extract (standardised to contain 3% total rosavins and min. 1% salidroside)	100 mg

Directions For Use

As a food supplement, take 1 capsule daily, with a meal, or as directed by a healthcare professional.

Ingredients

Ashwagandha extract, Panax ginseng extract, Eleutherococcus senticosus extract, Rhodiola extract, hypoallergenic plant fiber (microcrystalline cellulose). Vegetarian capsule (hydroxypropyl methyl cellulose).

Product Code	Size	Serving Size	Servings per container
EX26UK	60	1 capsule	60

Precautions

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated daily dosage. Keep out of the reach of young children.